

31 October 2020



The first week of our final six week academic calendar is now already behind us.

In true Musikili fashion it has been a week jam-packed with activities. It is evidently clear that the children are benefiting from being back into normal school routines and are enjoying their classroom environments. Preparations for our Public Speaking Competition have begun and end of year nativity concert rehearsals, choir rehearsals for Carols, swimming trials and of course Grade 6 and 7 Formal Assessment preparations are all underway.

Mr. Weinrich's write up on our Inter House events draws testimony to a lot of hard work from our boys and girls, as well as the staff who invest countless hours to their development. I was blown away by the number of records broken across all age groups and all disciplines – Congratulations to those new record holders!

The children returned from their half term breaks with a great deal of energy and a bounty of stories from their game viewing and fishing experiences - quality time spent with family and importantly for some, the chance to enjoy 'chill time'. We all live an extremely fortunate life and it was with this in mind that I shared some interesting stats with our children at our opening assembly, reminding us just how privileged we are amidst the Global World Village. To bring some relevance to my message, I will highlight just a few of the points I shared with them: If we could shrink the earth's population to a village of precisely 100 people, with all the existing human ratios remaining the same, it would look something like the following:

- 6 people would possess 59% of the entire world's wealth and all 6 would be from the United States.
- 80 would live in substandard housing, while 20 would have good housing.
- 70 would be unable to read, while 30 would be able to read.
- 50 would suffer from malnutrition and 50 would be well fed.
- 1 (yes, only 1) would have a college education, leaving 99 people who would have no further education.
- Only 1 would own a computer, 99 would not.
- If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep...you are richer than 75% of this world.
- If you have money in the bank, in your wallet, and spare change in a dish somewhere ...you are among the top 8% of the world's wealthy.



It is important for our children to be aware of their standing in society and the sacrifices that are made by their parents to provide them with such wonderful opportunities. Musikili is a richer place because of the investments made by our parent body, both past and present and it is with this in mind that we, as a school, need to endeavour to provide the best possible educational experience for those entrusted to us.

As a parent and an educator, I have learnt that there are many marginal calls that we need to make on daily basis. All decisions are made with the best intentions in mind, but that does not necessarily mean we always get them right. But, it is because of these decisions, that we continue to learn and evolve and ultimately become better human beings while mentoring the next generation.

I believe Mr. Connellan, whom we take leave of next week as he returns home to be with Ingrid for the birth of their baby boy, has written a wonderful newsletter article that provides us as parents, with plenty of food for thought. I will take this moment to thank Mr. Connellan for his complete professionalism during his tenure with us. His approach towards his teaching and respect for his colleagues is unquestionable and he truly is a wonderful human being. I have learnt a great deal from him and I trust that he will take plenty away from Musikili and use the lessons learnt to continue to build on an already very successful educational journey. I have no doubt that he will embrace changing nappies, sleepless nights and being a DAD with much passion and enthusiasm. Go well Mr. Connellan.

I look forward to seeing you all again at our Interhouse Gala, to enjoy the incredible Interhouse spirit, camaraderie and the occasion to celebrate the hard work that our children have put into their swimming. I will leave you with the following simple, but impactful words...

Someone once said: **What goes around comes around. Work like you don't need the money. Love like you've never been hurt. Dance like nobodys watching. Sing like nobodys listening. Live like its Heaven on Earth.**



## Self-esteem versus Self-control - Craig Connellan

Parents will do all that they can to ensure that their children are happy and successful. But, the question in this ever-changing world is, “How do we do that?” For many years there has been a school of thought that raising a child’s self-esteem is the secret to their happiness and success. But research by parent coach Heidi Landes does not support this theory. She argues that having self-control is emerging as a more valuable trait than a child having a high self-esteem.

Landes mentions how often parents have to be overly nice, bribe or beg to get their children to do something and then just land up doing it themselves. Sound familiar? Most parents want their children to be kind, happy, independent and disciplined. But how can this be achieved? Landes points out that 21st century culture is embedded in high self-esteem, “The everyone gets a trophy culture.”

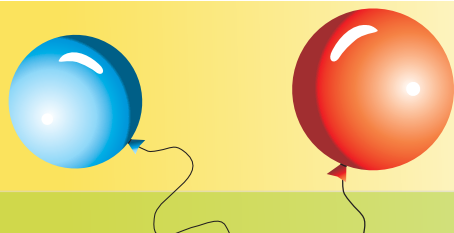
Studies conducted by Landes’ company show that children with self-control are less likely to have problems later in life, are satisfied with their lives and are successful. So what can we do as adults to promote self-control? Firstly, Landes argues that there needs to be a paradigm shift where the child is not the centre of everything and that we don’t try to keep them happy above all else. She believes that if children understand that they are part of the family, rather than the centre and are taught to think about others they have a greater chance of developing self-control. Landes contends that children should be taught to do the right thing even if they don’t feel like it, “Try hard, even if you won’t get a trophy.” After all, adults don’t feel like getting up and going to work in the morning, but we know that we need to fulfil our responsibilities.

Landes believes that the secret to developing self-control in children is to give them real responsibility. She gives the example that during the war of 1812, twelve-year-olds were commanding ships, nowadays we don’t even expect them to clean their rooms or pack their lunch. Landes explains that there is a difference between helping in a task and taking full responsibility. If you get your child to help with something, they automatically expect you to do it, but if they are totally responsible for it, then they get it done. “If YOU don’t wash your clothes, then you must wear dirty ones.”

Our responsibility as adults is to make sure that children know that they are part of a team and that work comes before play. We are often too afraid of hurting a child’s self-esteem, but then they land up suffering consequences for their careless actions. Children with self-control understand that bad choices lead to bad outcomes. It is important that parents and teachers create a culture where children take responsibility and are encouraged to solve problems.

21st century teaching and parenting is challenging and I am sure that all of the above is easier said than done. But, promoting self-control rather than a high self-esteem is valuable food for thought.





## NOVEMBER BIRTHDAYS

Louise Chimfwembe  
 Lulangilo Hamwenda  
 Brody Jackson  
 Sasha Middleton  
 Patrick Mukosa  
 Glenn Chola  
 Amaan Patel  
 Asher Cantlay  
 Holly Tunney  
 Quinton Van Der Merwe  
 Michaela Kakoma  
 Jemuel Kumar  
 Hannah Mulder  
 Calum Mulder

## PHOTO ORDERS DUE!

### 2020 School Photos ORDER FORM

<b>1. 1 Child: \$15</b> Standard Package Printed (3x A4 Prints + soft copy downloads) +  +	 <b>MUSIKILI</b> PRIMARY SCHOOL
<b>2. 2 Children: \$25</b> 2x Standard Package Printed + Sibling Photo (7x A4 Print + soft copy downloads) +  +  +	
<b>3. 3 Children: \$30</b> 3x Standard Package Printed + Sibling Photo (10x A4 Print + soft copy downloads) +  +  +  +	

Package Chosen: (please tick)

1. ☐ \$15    2. ☐ \$25    3. ☐ \$30

Name of Child 1: \_\_\_\_\_

Grade of Child 1: \_\_\_\_\_

Name of Child 2: \_\_\_\_\_

Grade of Child 2: \_\_\_\_\_

Name of Child 3: \_\_\_\_\_

Grade of Child 3: \_\_\_\_\_

Email address to send Soft copy download link to: \_\_\_\_\_

I/We wish to purchase the above mentioned photographs and agree to the payment method chosen above.

Signature \_\_\_\_\_

Payment Method Chosen: (Please tick)

1. ☐ Cash

2. ☐ EFT

3. ☐ Sundries Account

Total Amount: \_\_\_\_\_

# UPCOMING EVENTS

## INTER-HOUSE GALA

Thursday 12 November

14:00 – 16:00

Inter-house Medley Gala

Friday 13 November

09:00 – 12:00

Inter-house Swimming Gala

14:00 – 17:00

Parents / Children Cricket & Tennis (U11 & U13)

## LEAVERS DINNER

21 November 2020

## FISHING COMPETITION

28 November 2020

Details coming soon!

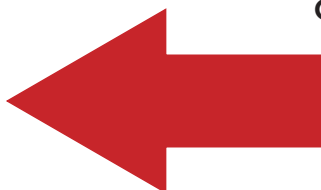
## PUBLIC SPEAKING

30 November 2020

Please don't forget to return your photo orders back to Laura in the office by MONDAY 2 November!

You can email them to [office@musikili.sch.zm](mailto:office@musikili.sch.zm)

or drop them at the office.



[www.musikili.com](http://www.musikili.com) | [office@musikili.sch.zm](mailto:office@musikili.sch.zm) | +260 213 235779

# INTER-HOUSE ATHLETICS FEEDBACK

After 7 months of relative quiet on the sports' fields, the Musikili family was finally afforded the opportunity to compete and support each other, during Inter-house sporting events. A number of changes were introduced this year due to various factors, which all seemed to aid in the success of the day.

A slightly longer and more rugged Cross-country route, designed to test the skill of the runners, which ironically, helped combat the October heat. The new route passes around the school boundary, along the Kaleya river and through our veggie garden. The route is far more conducive to trail running and although longer, seems to have brought out the best in the runners from a skill perspective as well as the enjoyment factor.

With the addition of the new astro, the 300m track was forced to move further towards the path of wisdom, this necessitated a change in running direction with the 100m dash starting alongside the Long Jump pits. Limited school attendance, due to Covid-19, meant the events were moved from the regular March period, which of course meant an additional 6 months of physical development for all our children. Naturally, this played a role in the massive 21 records broken at Inter-house Athletics, however, all credit must go to the children for their dedication to training and preparation leading up to the event.

Although both events were far tighter than 2019, Magoye were able to hold onto the overall trophy for Cross-country and Athletics. Only 20 points separated the two houses at the end of the day, and the balance seems to be developing a very healthy competition throughout the age-groups.

Thank you to all the parents who were able to make it through to Mazabuka and support the events, the atmosphere was incredible and friendly banter was as expected at an Inter-house event – even by some parents keeping tabs via long distance channels. A big thank you to Mrs Esther Chama (Athletics) and Mrs Clare Mulder (Cross-country) for assisting with the trophy presentations on the day.

**Gareth Weinrich**



# MUSIKILI CROSS-COUNTRY 15 OCTOBER



## TOP 3 FINSHES

- DUE TO A CHANGE IN COURSE AND DISTANCES – ALL 2020 TIMES ARE NEW RECORDS

Age Group	Event	1st	Time	2nd	3rd
U6 Girls	800m	Avery Robinson (K)	04.24.64	Sasha Middleton (K)	Faith Shamboko (M)
U6 Boys		Thomas Kenchinton (M)	03.49.57	Adam Frick (M)	Peter Miller (K)
U7 Girls		Joanna Anis (M)	04.28.64	Ariana Green	Fatima Limbada
U7 Boys		James Goodwin (M)	4.04.45	Liam Mailloux (M)*	Aiden van Eede (K)
U8 Girls	1700m	Amber Thomas (M)	09.06.81	Ava Ihmaan (K)	Emily Street (K)
U8 Boys		Riley Bawden (K)	08.29.55	Hunter Zaloumis (M)	Joshua Middleton (K)
U9 Girls		Lily Miller (K)	08.32.42	Montana van der Merwe (M)	Ava Clarkson (K)
U9 Boys		David Middleton (K)	07.27.73	Shaan Wixley (M)	Rowan Frick (M)
U10 Girls	1850m	Carmin Minnaar	11.11.78	Amaarah Patel (K)	Alice Meaby (K)
U10 Boys		Weston Van Zyl (M)	07.36.86	Twalumba Hamutete (K)	Zangi Mwale (M)
U11 Girls		Mia Miers (M)	08.37.46	Michaela Bignell (M)	Sarah Tembo (M)
U11 Boys		Tristan van der Merwe (M)	07.54.12	Joshua Verster (K)	Christopher Thomas (M)
U12 Girls	2300m	Angelina Wixley (M)	11.22.35	Jodi Bawden (K)	Gemma Grobler (K)
U12 Boys		Leo Clarkson	09.23.77	Kelvin Banda (K)	Josh Van Zyl (M)
U13 Girls		Sophie McGregor (M)	10.20.46	Hannah Mulder (M)	Kutemba Sawono (K)
U13 Boys		Alpheas Liselo (K)	09.21.68	Calum Mulder (M)	Benjamin Coventry (K)

RECORDS PRIOR TO 2020				
Age Group	Distance	Holder	Year	Record
U6 Girls	750m	E Ferreira	2018	03:37.6
U6 Boys	750m	A Clubb	2015	03:28.8
U7 Girls	750m	S McGregor	2014	03:11.7
U7 Boys	750m	D Middleton	2018	02:55.7
U8 Girls	1350m	K Clayton	2014	05:49.6
U8 Boys	1350m	K Eksteen	2014	05:37.6
U9 Girls	1350m	K Clayton	2015	05:51.2
U9 Boys	1350m	J Coventry	2014	05:22.7
U10 Girls	1650m	M Jellis	2016	07:21.5
U10 Boys	1650m	W Donald	2014	06:57.9
U11 Girls	1650m	S McGregor	2018	06:58.7
U11 Boys	1650m	C McGregor	2014	06:22.4
U12 Girls	1850m	L Viljoen	2015	08:14.1
U12 Boys	1850m	D Menage	2014	06:56.1
U13 Girls	1850m	M Jellis	2019	08:26.9
U13 Boys	1850m	L Kamumfisa	2015	07:11.7



# INTER-HOUSE ATHLETICS TOP 3 PLACES



Age Group	Event	1st	Time	2nd	3rd
U12 Girls	800m	Angelina Wixley (M)	03.04.26	Jodi Bawden (K)	Gemma Grobler (K)
U12 Boys		Leo Clarkson (K)	02.40.68	Josh Van Zyl (M)	Kelvin Banda (K)
U13 Girls		Hannah Mulder (M)	02.55.47	Sophie McGregor (M)	Kutemba Sawono (K)
U13 Boys		<b>Alpheas Liselo (K)</b>	<b>02.32.58 (NR)</b>	Caleb Coventry (K)	Samuel Miers (M)
U9 Girls	400m	Lily Miller (K)	01.24.29	Justine Bignell (M)	Montana van der Merwe (M)
U9 Boys		Shaan Wixley (M)	01.23.92	David Middleton (K)	Jake Van Eede (K)
U10 Girls		Carmin Minnaar (M)	01.31.75	Amaarah Patel (K)	Alice Meaby (K)
U10 Boys		<b>Weston Van Zyl (K)</b>	<b>01.08.70 (NR)</b>	Zangi Mwale (M)	Connor Jordaan (K)
U11 Girls		Mia Miers (M)	01.17.17	Sarah Tembo (M)	Michaela Bignell (M)
U11 Boys		Tristan van der Merwe (M)	01.09.10	Lubomba Mwiinga (K)	Ryan Jellis (M)
U12 Girls		Jodi Bawden (K) & Angelina Wixley (M)		01.18.05	Gemma Grobler (K)
U12 Boys		<b>Leo Clarkson (K)</b>	<b>01.06.52 (NR)</b>	Josh Van Zyl (M)	Kelvin Banda (K)
U13 Girls		<b>Kutemba Sawono (K)</b>	<b>01.12.90 (NR)</b>	Hannah Mulder (M)	Olivia Bell-Cross (K)
U13 Boys		<b>Alpheas Liselo (K)</b>	<b>01.03.60 (NR)</b>	Calum Mulder (M)	Samuel Miers (M)
U6 Girls	200m	Avery Robinson (K)	46.51	Sasha Middleton (K)	Faith Shamboko (M)
U6 Boys		Thomas Kenchington (M)	43.59	Adam Frick (M)	Peter Miller (K)
U7 Girls		Joanna Anis (M)	45.14	Fatima Limbada (M)	Chloe van Heerden (K)
U7 Boys		James Goodwin (M)	39.27	Harry Volker (K) *	Christopher Bryant (K) *
U8 Girls		Ava Ihmaan (K)	38.85	Amber Thomas (M)	Emily Street (K)
U8 Boys		<b>Hunter Zaloumis (M)</b>	<b>35.51 (NR)</b>	Riley Bawden (K)	Joshua Middleton (K)
U9 Girls		Montana van der Merwe (M)	36.11	Lily Miller (K)	A Clarkson (K) & J Bignell (M)
U9 Boys		<b>Mutenda Kabwe (K)</b>	<b>35.17 (NR)</b>	Warwick Bruyns (K)	Rowan Frick (M)
U10 Girls		Asher Cantlay (M) *U9*	39.43	Michaela Kakoma (M) *U9*	Carmin Minnaar (M)
U10 Boys		Weston Van Zyl (M)	31.11	Zangi Mwale (M)	Connor Jordaan (K)
U11 Girls		Sarah Tembo (M)	23.78	Mia Miers (M)	Neissa Basera (K)
U11 Boys		Tristan van der Merwe (M)	31.31	Lubomba Mwiinga (K)	Joshua Verster (K)
U12 Girls		Jordy Bruyns (K)	31.98	Jodi Bawden (K)	Angelina Wixley (M)
U12 Boys		Leo Clarkson (K)	30.26	Emmanuel Chama (M)	Josh Van Zyl (M)
U13 Girls		Kutemba Sawono (K)	31.68	Hannah Mulder (M)	Olivia Bell-Cross (K)
U13 Boys		Alpheas Liselo (K)	29.45	Calum Mulder (M)	Samuel Miers (M)



# INTER-HOUSE ATHLETICS TOP 3 PLACES

Age Group	Event	1st	Time	2nd	3rd
U6 Girls	100m	<b>Sasha Middleton (K)</b>	<b><u>20.21</u></b> (NR)	Simangaliso Mliswa (M)*	Avery Robinson (K)
U6 Boys		Adam Frick (M)	19.56	Cameron van der Merwe (K)*	Thomas Kenchington (M)
U7 Girls		Joanna Anis (M)	18.41	Ariana Green (M)	Fatima Limbada (M)
U7 Boys		James Goodwin (M)	18.44	Harry Volker (K)*	Christopher Bryant (K)
U8 Girls		Ava Ihmaan (K)	17.88	Amber Thomas (M)	Emily Street (K)
U8 Boys		<b>Joshua Middleton (K)</b>	<b><u>16.43</u></b> (NR)	Hunter Zaloumis (M)	Glen Chola (K)
U9 Girls		Montana van der Merwe (M)	16.76	Lily Miller (K)	Victoria Chinemhute (M)
U9 Boys		Mutenda Kabwe (K)	15.96	Jake Van Eede (K)	Warwick Bruyns (K)
U10 Girls		Katie Patterson (K) *U9*	17.57	Justine Bignell (M) *U9*	Carmin Minnaar (M)
U10 Boys		Weston Van Zyl (M)	15.11	Zangi Mwale (M)	Twalumba Hamutete (K)
U11 Girls		Sarah Tembo (M)	15.49	Neissa Basera (K)	Mia Miers (M)
U11 Boys		<b>Tristan van der Merwe (M)</b>	<b><u>14.07</u></b> (NR)	Lubomba Mwiinga (K)	Joshua Verster (K)
U12 Girls		<b>Jordy Bruyns (K)</b>	<b><u>14.92</u></b> (NR)	Jodi Bawden (K)	Angelina Wixley (M)
U12 Boys		Emmanuel Chama (M)	14.21	Leo Clarkson (K)	Kevin Turk (K)
U13 Girls		<b>Kutemba Sawono</b>	<b><u>14.74</u></b> (NR)	Hannah Mulder (M)	Sophie McGregor (M)
U13 Boys		Alpheas Liselo (K)	13.96	Calum Mulder (M)	Samuel Miers (M)
U6 Girls	50m	Sasha Middleton (K)	N/A	Avery Robinson (K)	Ariana Green (M)
U6 Boys		Adam Frick (M)	N/A	Thomas Kenchington (M)	Cameron van der Merwe (K)*
U7 Girls		Joanna Anis (M)	N/A	Tamila Uys (K) *	Fatima Limbada (M)
U7 Boys		James Goodwin (M)	N/A	Harry Volker (K) *	Christopher Bryant (K) *
U8 Girls		Ava Ihmaan (K)	N/A	Amber Thomas (M)	Emily Street (K)
U8 Boys		Josh Middleton (K)	N/A	Hunter Zaloumis (M)	Riley Bawden (K)
U8 / U9 Girls	4 x 100m	Magoye	01.17.82	Kaleya	
U8 / U9 Boys		Kaleya	01.11.48	Magoye	
U10 / U11 Girls	A Relay	Kaleya	01.:06.70	Magoye	
U10 / U11 Boys		Magoye	01.03.54	Kaleya	
U12 / U13 Girls		Kaleya	01.06.70	Magoye	
U12 / U13 Boys		Magoye	00.59.17	Kaleya	



# INTER-HOUSE ATHLETICS TOP 3 PLACES

Age Group	Event	1st	Distance	2nd	3rd
U8 Girls	Ball Throw	Emily Street (K)	17.60m	Ava Ihmaan (K)	Amber Thomas (M)
U8 Boys		Hunter Zaloumis (M)	32.30m	Riley Bawden (K)	Joshua Middleton (K)
U9 Girls		Maita Tata (M)	23.65m	Linnet Mandozana (K)	Montana van der Merwe (M)
U9 Boys		Rowan Frick (M)	42.35m	David Middleton (K)	Naawa Sipilanyambe
U10 Girls		Carmin Minnaar (M)	24.50m	Victoria Chinemhute (M) *U9 *	Alice Meaby (K)
U10 Boys		<b>Weston Van Zyl (M)</b>	<b>52.53m (NR)</b>	Lubomba Hamutete (K)	Twalumba Hamutete (K)
U11 Girls		Joice Mandozana (K)	36.38m	Neissa Basera (K)	Mia Miers (M)
U11 Boys		Tristan van der Merwe (M)	51.66m	Ryan Jellis (M)	Christopher Thomas (M)
U12 Girls		Angelina Wixley (M)	37.47m	Jodi Bawden (K)	Peyton Zaloumis (M)
U12 Boys		Leo Clarkson (K)	54.72m	Harry Horwood (M)	Emmanuel Chama (M)
U13 Girls		Hannah Mulder (M)	34.30m	Kutemba Sawono (K)	Sophie McGregor (M)
U13 Boys		Samuel Miers (M)	54.17m	Calum Mulder (M)	Benjamin Coventry (K)
Age Group	Event	1st	Height	2nd	3rd
U9 Girls	High Jump	<b>Victoria Chinemhute (M)</b>	<b>1.14m (NR)</b>	Lily Miller (K)	Montana van der Merwe (M)
U9 Boys		Liam Kyriazis (M)	1.05m	Mutenda Kabwe (K)	Kyle Goodwin (M)
U10 Girls		Alice Meaby (K)	1.05m	Carmin Minnaar (M)	Ava Clarkson (K) *U9*
U10 Boys		<b>Weston Van Zyl (M)</b>	<b>1.28m (NR)</b>	Twalumba Hamutete (K) & Connor Jordaan (K)	
U11 Girls		<b>Mia Miers (M)</b>	<b>1.30m (NR)</b>	Sarah Tembo (M)	Neissa Basera (K)
U11 Boys		<b>Tristan van der Merwe (M)</b>	<b>1.34m (NR)</b>	Christopher Thomas (M)	Ryan Jellis (M)
U12 Girls		Gemma Grobler (K) & Peyton Zaloumis (M)		1.05m	Jodi Bawden (K)
U12 Boys		<b>Leo Clarkson (K)</b>	<b>1.42m (NR)</b>	Joshua Van Zyl (M)	Kelvin Banda (K)
U13 Girls		<b>Olivia Bell-Cross (K)</b>	<b>1.27m (ER)</b>	Hannah Mulder (M)	Sophie McGregor
U13 Boys		Calum Mulder (M)	1.30m	Alpheas Liselo (K) & Samuel Miers (M)	
Age Group	Event	1st	Distance	2nd	3rd
U8 Girls	Long Jump	Ava Ihmaan (K)	2.70m	Amber Thomas (M)	Amelia Green (M)
U8 Boys		Hunter Zaloumis (M)	2.82m	Riley Bawden (K)	Zach Dunn (M)
U9 Girls		Montana van der Merwe (M)	3.21m	Lily Miller (K)	Victoria Chinemhute (M)
U9 Boys		Rowan Frick (M)	3.00m	Jake van Eede (K)	Liam Kyriazis (M)
U10 Girls		Carmin Minnaar (M)	2.66m	Claire Robinson (K) *U9*	Michaela Kakoma (M) *U9*
U10 Boys		Zangi Mwale (M)	3.50m	Weston Van Zyl (M)	Twalumba Hamutete (K)
U11 Girls		Mia Miers (M)	3.57m	Neissa Basera (K)	Sarah Tembo (M)
U11 Boys		<b>Tristan van der Merwe (M)</b>	<b>4.37m (NR)</b>	Lubomba Mwiinga (K)	Christopher Thomas (M)
U12 Girls		Gemma Grobler (K)	3.05m	Jodi Bawden (K)	Angelina Wixley (M)
U12 Boys		Joshua Van Zyl (M)	4.32m	Kevin Turk (K)	Leo Clarkson (K)
U13 Girls		<b>Olivia Bell-Cross (K)</b>	<b>3.60m (NR)</b>	Kutemba Sawono (K)	Hannah Mulder (M)



# INTER-HOUSE ATHLETICS TOP 3 PLACES

## INDIVIDUAL AWARDS 2020

Trophy Awarded	Age Group	Winner
JUNIOR INTERMEDIATE GIRLS VICTRIX LUDORUM	2012 Girls (U8)	Ava Ihmaan (K)
JUNIOR INTERMEDIATE BOYS VICTOR LUDORUM	2012 Boys (U8)	Hunter Zaloumis (M)
JUNIOR GIRLS VICTRIX LUDORUM	2011 Girls (U9)	Montana van der Merwe (M)
JUNIOR BOYS VICTOR LUDORUM	2011 Boys (U9)	Mutenda Kabwe (K)
MIDDLE GIRLS VICTRIX LUDORUM	2010 Girls (U10)	Carmin Minnaar (M)
MIDDLE BOYS VICTOR LUDORUM	2010 Boys (U10)	Weston Van Zyl (M)
SENIOR INTERMEDIATE GIRLS VICTRIX LUDORUM	2009 Girls (U11)	Mia Miers (M)
SENIOR INTERMEDIATE BOYS VICTOR LUDORUM	2009 Boys (U11)	Tristan van der Merwe (M)
SENIOR GIRLS VICTRIX LUDORUM	2008 Girls (U12)	Jodi Bawden (K)
SENIOR BOYS VICTOR LUDORUM	2008 Boys (U12)	Lero Clarkson (K)
U13 Girls Champion	2007 Girls (U13)	Hannah Mulder (M)
U13 Boys Champion	2007 Boys (U13)	Alpheas Liselo (K)
BEST RECORD BROKEN	N/A	T vd Merwe & A Liselo
INTERHOUSE RELAY CUP	N/A	Kaleya & Magoye
INTER-HOUSE CHAMPIONS 2020	N/A	Magoye

RECORDS PER EVENT		NEW	(OLD)
U13 Boys 800m	A Liselo	<u>02.32.58</u>	(02.43.10)
U10 Boys 400m	W Van Zyl	<u>01.08.70</u>	(01.11.73)
U12 Boys 400m	L Clarkson	<u>01.06.52</u>	(01.09.24)
U13 Girls 400m	K Sawono	<u>01.12.90</u>	(01.15.12)
U13 Boys 400m	A Liselo	<u>01.03.60</u>	(01.09.84)
U8 Boys 200m	H Zaloumis	<u>00.35.51</u>	(00.36.27)
U9 Boys 200m	M Kabwe	<u>00.35.17</u>	(00.36.27)
U6 Girls 100m	S Middleton	<u>00.20.21</u>	(00.20.81)
U8 Boys 100m	J Middleton	<u>00.16.43</u>	(00.16.57)
U11 Boys 100m	T vd Merwe	<u>00.14.07</u>	(00.14.50)
U12 Girls 100m	J Bruyns	<u>00.14.92</u>	(00.14.92)
U13 Girls 100m	K Sawono	<u>00.14.74</u>	(00.15.29)
U10 Boys Ball Throw (113gms)	W Van Zyl	<u>52.53m</u>	(49.85m)
U9 Girls High Jump	V Chinemhute	<u>1.14m</u>	(1.11m)
U10 Boys High Jump	W Van Zyl	<u>1.28m</u>	(1.24m)
U11 Girls High Jump	M Miers	<u>1.30m</u>	(1.30m)
U11 Boys High Jump	T vd Merwe	<u>1.34m</u>	(1.29m)
U12 Boys High Jump	L Clarkson	<u>1.42m</u>	(1.40m)
U13 Girls High Jump	O Bell-Cross	<u>1.27m</u>	(1.27m)
U11 Boys Long Jump	T vd Merwe	<u>4.37m</u>	(4.18m)
U13 Girls Long Jump	O Bell-Cross	<u>3.60m</u>	(3.56m)



# INTER-HOUSE ATHLETICS TOP 3 PLACES

<u>Age Group</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>
U6 Girls	<b>Sasha Middleton</b>	Avery Robinson	Simangaliso Mliswa *
U6 Boys	<b>Adam Frick</b>	Thomas Kenchington	Cameron van der Merwe *
U7 Girls	<b>Joanna Anis</b>	Fatima Patel	Ariana Green
U7 Boys	<b>James Goodwin</b>	Harry Volker *	Christopher Bryant *
U8 Girls	<b>Ava Ihmaan</b>	Amber Thomas	Emily Street
U8 Boys	<b>Hunter Zaloumis</b>	Joshua Middleton	Riley Bawden
U9 Girls	<b>Montana van der Merwe</b>	Lily Miller	Victoria Chinemhute
U9 Boys	<b>Mutenda Kabwe</b>	David Middleton	Rowan Frick
U10 Girls	<b>Carmin Minnaar</b>	Alice Meaby	Amaarah Patel
U10 Boys	<b>Weston Van Zyl</b>	Zangi Mwale	Twalumba Hamutete
U11 Girls	<b>Mia Miers</b>	Sarah Tembo	Neissa Basera
U11 Boys	<b>Tristan van der Merwe</b>	Lubomba Mwiinga	Ryan Jellis & Christopher Thomas
U12 Girls	<b>Jodi Bawden</b>	Angelina Wixley	Jordy Bruyns
U12 Boys	<b>Leo Clarkson</b>	Josh Van Zyl	Emmanuel Chama
U13 Girls	<b>Hannah Mulder</b>	Kutemba Sawono	Olivia Bell-Cross
U13 Boys	<b>Alpheas Liselo</b>	Callum Mulder	Samuel Miers



# THANK YOU TO OUR SPONSORS

Our GOAL is to make a contribution in the community.  
The contributions from our ever faithful and generous partners has allowed us to sustain our efforts in doing so.

We are proud to be associated with such incredible businesses and individuals. Your support towards Musikili and the Mazabuka community is sensational.

We know 2021 will be a great success, as long as we continue to TRI harder.



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